

# Mandatory PE: 'It Seems Stupid'

by Michael Williams

"It seems stupid to decide a priori what the young ought to know and then try to motivate them, instead of letting the initiative come from them and putting information and relevant equipment at their service"

—Paul Goodman—

In these so-called modern times most people feel that involuntary servitude has altogether been

abolished, or only occurring in the most barbarous backlands. Surely, man has advanced. Well, maybe in some ways, but by taking a few quick glances around there can still be found people being whisked away in various gross and subtle ways. Besides the draft, there is a case of it extremely close to the lives of many of Canada's students, i.e., the compulsory physical education law. It is the system's blatant

shanghai of young students into an activity whether they want to participate in it, or not.

The law states that "all pupils enrolled in the junior colleges, except those excused, shall be required to attend upon the courses of physical education". Students over 21, people ill or injured, and veterans are the ones excused. If a person does not comply with this, their college registration is cancelled.

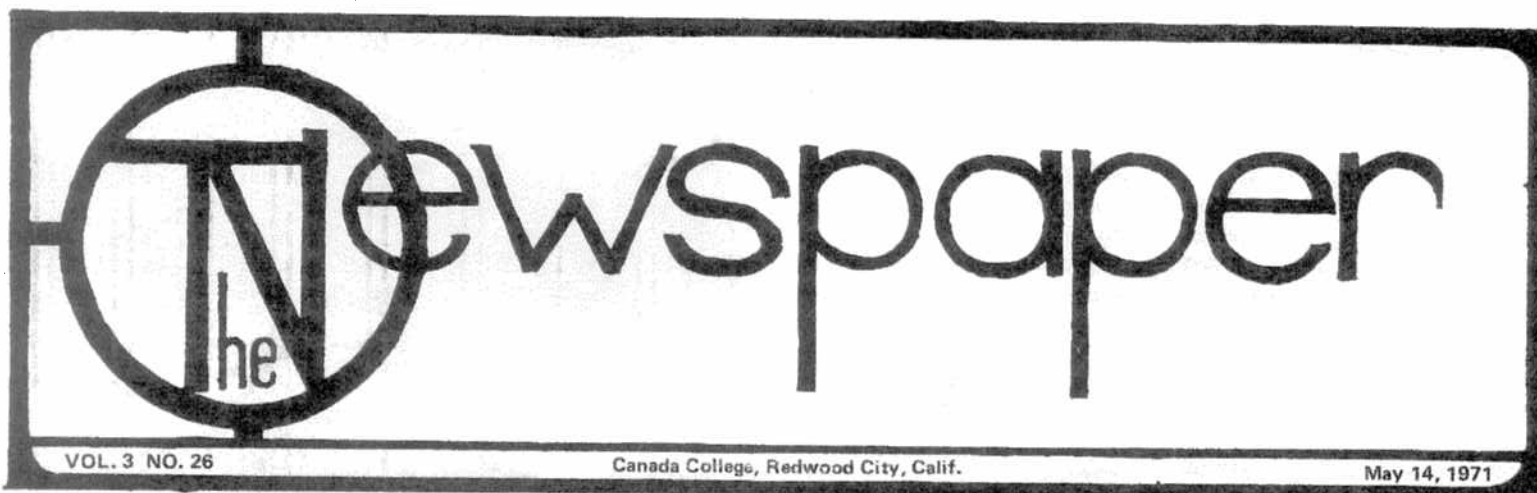
For a long time many have grumbled at having to take a P.E. class every semester, and at having to work one into an already crowded and narrow time schedule. But there is hardly ever any questioning as to why this law exists and of what is really happening to the students involved. Now, it is written into the record that P.E. is required because, among a number of items, it will — "develop organic

vigor"; "to promote such desirable moral and social obligations as ... obedience to authority"; "and to promote hygienic school and home life". These are the important reasons why the compulsory law was passed.

Why would such a law really be passed? It was passed because a powerful P.E. lobby put enough pressure on the legislature, and other powerful people, a number of years ago. Not only did it provide strong ground work for the building up the athletics into big business and big advertisement for higher education, but it assured P.E. teachers of jobs. If you force students to take P.E., then you have to hire teachers, right?

What about the desire to "develop organic vigor" in our young? If that had really been a consideration, then the powerful P.E. lobby would have, and would now, be pressing for the introduction of nutritional and

(Cont'd on Page 8)



## Student Elections Set For Next Week

by Michael Williams

The turnout of candidates for the student-body election have hit a new low. Only two out of eight offices has more than one person running, with the office of ICC president having no candidates at all. The filing date to run was moved up from May 5 to May 14 in order to give more students a chance to register. "There was more response than indicated," said a worker in the student activities office, "but many of the people were disqualified because of low grade-point averages."

The total lack of response from the students is overwhelming. Indirectly, the student body seems to have given a "no confidence" vote to student elections, and student government in general. Walking into the student activities office there can be seen one officer playing solitaire in a corner; another is speeding around assuming "official" postures; a girl is typing up her homework; two people are engaged in horse-playing, and always a group of hangers-on hoping to find some kind of identity by being around the "big wheels on campus." A sea of boredom and futility permeates the mind when confronted by student government.

At one time the student council had control over the bookstore, and the newspaper. In a move bordering on the insane and self-destructive, they cut off their arms of power and gave away these two services to the district. Now, we are all paying for it with high prices, incompetence, and censorship.

As it stands at the moment,

student government seems to have fallen into almost complete disrepute. One student, who asked to remain anonymous, put it this way, "student government is a circle of officialdom and contrivance, with nothing being done in the end at all. Some

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## Warning!

For all unsuspecting females on campus, a word of warning: Art Raz has struck; cover thine knees!

Although Art has only been at Canada a few months, he gets around fast. No female is safe unless she can understand his pattern of attack. Being only three feet tall, and a little hard to see, Art usually goes for the knees. He gets a big kick out of tickling unsuspecting knees and



The Institute for the Study of Non-Violence, co-founded by Ira Sandperl and Joan Baez, is featured in today's newspaper, along with some real heavy stuff on:

Nairobi College  
Mushroom Hunting  
George Harrison Album  
Philosophies of Instructors

## Student Gov't

## Personal Conflicts

In the last election only two offices, student body president and chairman of the inter-club council, were contested. Most of the other offices had one person

sometimes goes as far as kissing them! But Art really is a friendly fellow once you get to know him.

I first met Art Raz in my freshmen English class in high school. I think it was his purple eyes and fuzzy white hair that first attracted me. He had a mad crush on my English teacher, a 6'1" nun who really wasn't too crazy for Art. However, she did take him to Europe with her one summer but lost track of him on a weekend in Scotland when he disappeared with some girl he picked up in a bar.

Art has a very interesting past. Being 750 years old, he's met a lot of people in his lifetime. He swears he went steady with Cleopatra for six months until the competition got too rough. He also rode with Napoleon, knew Adolf Hitler personally, and tried his hardest to lead Columbus on the right path. Because he is able to fly, he's been to the moon several times. He said it used to be his favorite place to park until it started getting crowded.

Art has really been around. When he's not knee watching, you can usually find him in the cafeteria talking about his many experiences. However, those under 17 years old should stay away, since many of his experiences are rated "X".

Once more, I want to warn all females. Art can get a little obnoxious at times and you have to be careful not to lead him on too much. If you see him coming, be safe and cover those knees.

by L.S.

running unopposed. For four offices, president of associated women students, men's president, controller of activities, and president of recreational activities, no one ran and people had to be appointed to fill these offices.

The turnout for voting was also a little discouraging, with only a little over ten per cent of the students casting ballots. Throughout the past semester, there has been very little participation in student government.

In addition to problems concerning student involvement, the student government itself has been riddled with personal problems. Fred Dusel, chairman of the inter-club council, commented, "The problems are personal and petty. I see these conflicts at ICC meetings, but do not get involved."

"Last semester student government did not address itself to any really serious problems, and so a lot of this didn't come up. This semester, however, they have taken on some things that require a lot of work, discipline, and maturity, and haven't come through with it."

Charles Riche, who was head of the judicial council, but handed in his resignation this week, felt differently about what had caused the trouble. "Last semester, the student government was pretty much of a clique. This semester, the clique has broken up, and this may have been what caused the government to break up."

At a student government meeting where the personnel problem was discussed, a special "Executive Session" was called to discuss the problem, and the two

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# EDITORIAL

## Are Governments For the People?

Congratulations to Rosemarie King for uncovering our(?) governor for not paying any state income tax for 1970. The rich get richer and the poor get poorer. Whatever the governor's excuse is, it doesn't really matter. What matters is that someone probed and brought the public's attention to the fact that the governor hadn't paid any state income tax. He just took advantage of a very unfair tax system. Keep up the good work fellow journalists.

Closer to home (so to speak), the San Mateo Junior College District Board of Trustees is busy at work. Recommended: a mandatory \$10.00 per semester parking permit fee. The money from this would probably be used to pay salaries of people to keep records of students, cars, and the permits themselves. Some of the money from the mandatory "selling" would be utilized for wages of full-time police on campus; or so it appears. Most of the money taken in from the selling of parking permits would be used in creating jobs for work related directly to the money taken in from the parking permits. That doesn't make much sense.

It has been stated in the Board Report No. 71-4-88 that this fee (for parking) "would more than cover the maintenance, policing, traffic control and administrative cost of operating a parking permit program." How much more? Where will the excess go? Maybe the excess money would go for a machine that will take pictures and fingerprints of students with cars.

It presently costs \$125,000 to police and maintain the parking lots on a no-fee basis. On a permit basis, it would cost \$200,000 to police and maintain the parking lots. What was that 15% reduction promise all about?

The Board's second recommendation is a \$3.75 per semester (for day students) mandatory Student Health Service Fee. Out of this \$3.75, it appears that only \$1.25 would go for providing medical and hospital insurance for students in the district. The remainder would go for a nurse and related supplies and staff for the Health Office and three athletic trainers within the athletic program. How the three athletic trainers come into the picture is anybody's guess.

With a strong student government behind the students, something could be done about such recommendations. It appears, however, that our student government is getting weaker; not stronger. At the time this was written, every office in student government had only one candidate running unopposed or no one running for the office at all. It would appear that students aren't very concerned about their own welfare or for the welfare of the students that will be at Canada next year. Also, mid-term grade point averages are a determining factor in a would-be candidate's qualifying to run for a position in student government. This is extremely unfair when you consider that some instructors give a "C" to everyone in their class as "mid-term grades really don't count."

Maybe what we have is a failure to communicate. Or maybe the lack of involvement is a result of the fastly approaching Summer and most people are thinking about a nice vacation. Hopefully, the apathetic situation in student government isn't the result of just not giving a damn!

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Singleton, Rhonda Swan, and Pam Williams.

# Arboreal Alternate: The Ideal Education

by Rhonda Swan

Throughout our history there have been problems with education. Some problems have erupted in many areas of the world for different reasons but among these are a lack of interest in learning through various, uninteresting materials and a lack of individualized attention in large classes. This understandably turns students off.

The Tree School was set up a year ago in Redwood City by students in order to satisfy the needs of creative young people with a determined effort to make their participation in education a pleasurable experience.

According to Nancy Siegal, an enthusiastic supporter of the school, the students only pay what they can afford, although a \$40 a month fee is desired for minimum supplies. However, the school is not yet an accredited high school although they do issue diplomas.

Miss Johanna, a very patient young Tree teacher with her college background firmly behind her, said students involved with Tree School have many opportunities available to them. Some restaurant owners have asked for part-time volunteers from Tree and have followed up with full-time salary jobs later. Another opening for a few tree school students has been making organic breads at the New Age Food Store in Palo Alto. The students would like to open up

## Is It Trash ?

Dear Editor:

Your review in the May 7, 1971 issue of the NEWSPAPER, entitled "Drama and Comedy are Canada Plays" was a ridiculous piece of trash. I really don't know why you bother attending dramatic productions, and I fail to understand how you dare to offer reviews of them. I believe in one's rights to his opinions, but when they are to be publicly exhibited, don't you think the individual should have some idea of what he's talking about? Your ignorance is only exceeded by your lack of literary style. Please, sir, if you must attend the plays at Canada, have the good will to keep your opinions to yourself and those who will like you in spite of them.

Sincerely,  
Karen Sauer



Plenty of trees help create the friendly atmosphere at The Tree School, a place where the emphasis is on learning rather than grades.

their own Health Food Restaurant since there is not one operating in the general area of San Mateo or the Santa Clara District.

The Tree School is located at the present time in a big warehouse on Shasta St., next to the A.A. Art Academy. The Art Academy is very complete and offers much in the way of supplies for Tree students.

The Tree School walls shine brightly with colorful banners hanging, with well decorated rooms appearing to be constructed by excellent craftsmen. The entire atmosphere seems to be a creative environment.

There are inequities when one realizes Tree School has hard-working teachers who have been well-educated are only receiving mere pennies for their efforts.

The school is responsible for a small group of 35 students which range in age from 13-18. They are allowed freedom from the overly-protective influence of parental guardianship. The Tree School does offer, when ever necessary, advice, counseling, and supervision.

As an ideal school model the students desire a place to gather as wide a scope of information as possible, freedom for the pursuit of knowledge and an assembly place where people could gather sharing and communicating. It is a possibility the Tree School will be like a hotel where people could check in and out at any time.

Groups have been set up for each of the individuals to express who they are and what they want in life. The little things which are

happening with each person are often hidden under many other burdens. The groups are also a way for the administration to observe the problems happening with the ones that have been stifled psychologically by previous educators, teachers, and parents.

There is an awareness beyond the eight to five syndrome which white collar workers can't see. Tree School has been able to break away from the working class hero and into a medium which can adapt to each individual personally.

Classes are available at Tree School which are not offered at public high schools which give the students more drive and initiative to perform well. These classes include Greek, Art, Math, Law, French, Astrology, Basket Weaving, and Pottery. Any class which a student thinks would be desirable to his or her program can be obtained by putting it on a list and a teacher will be found to teach the class satisfactorily.

The Tree School commends itself on the many directions it has been able to branch out into. Many other high schools have adapted similar programs for the excellent student into its format allowing more freedom for the student to choose the direction of learning which seems intriguing. Tree School at this time has only very formal relationships with these programs. The future of Tree depends on the people supporting it and the people showing financial and educational interest. At this time they are looking for a building to conduct summer sessions somewhere in the Redwood City-Palo Alto area.

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"If we survive the century,  
and I think there's hope we will,  
it will be because of  
the young."

PIECES OF ~ THOUGHTS  
A MAGAZINE SUPPLEMENT

Hate

Not

Love

Message :

## Sandperl's'

by Kitty McKoon

"If we survive the century, and I think there's hope we will, it will be because of the young." These are the sentiments of Ira Sandperl, disciple of Gandhi, and co-founder with Joan Baez of the Institute for the Study of Non-Violence. The Institute, located in a dilapidated cattle ranch on Page Mill Road, has become a modern Brigadoon to the residents of the surrounding countryside. For the past five years its purpose has been to spread the teachings of non-violence, specifically through

the teachings of Gandhi.

"If there had been no Gandhi there would have been no Institute," explained Sandperl hunching deeper into his beige chair. His small dimly-lit studio apartment is enveloped floor-to-ceiling with books, prominent among them a larger collection of books on Gandhi than are contained within Stanford's Hoover library.

Gandhi is Sandperl's primary inspiration. He would speak at length of the pacifist leader at the Quaker Sunday school classes he taught in Palo Alto. He took over the high school classes and met sixteen-year-old Joan Baez, who he described as "extraordinary,

even then." Sandperl and Baez soon became a team, first appearing at a Jewish summer camp. She, in his words, "softened up the audience" for him, with her powerfully clear natural soprano, and he energetically spreading the teachings of India's emancipator.

While her parents were in France, Joan turned to Sandperl as her mentor and closest friend. He began to instruct her in the principles and philosophies of non-violence.

While working a concert in Massachusetts, Joan mentioned non-violence to her audience. A student questioned her on it, and she was unable to answer. After the concert she called Sandperl and asked him to take a year off and tutor her in the philosophies of non-violence. He agreed and the Institute was born.

"It was really her idea that we have a school and not a tutorial," related Sandperl, dangling his

hands expressively and his voice constantly changing timbre. The school started in Miss Baez' home in Carmel Valley, and immediately aroused the ire of the local residents. It was closed for zoning violations a number of times, until it settled in a former elementary school, turned poison oak factory, turned shotgun shell factory.

The Institute, after an article in the New York Times Magazine brought it to national prominence, flourished, but on a small scale. Seminars were limited to 15 or 20 applicants, who listened to Sandperl's enthusiastic and pleasantly rambling discussions on Gandhi.

Sandperl felt Monterey peninsula was fertile ground for their activities. "I liked it, there were so many military bases around." But the Institute was moved to Los Altos over his objections. He now concedes the move was right. "The peninsula is probably the most organized non-violent place in the country — probably the world," and credits much of organization work by Roy Kepler, owner of Kepler's Bookstore.

The Institute then took up residence in the Los Altos hills, and continued to attract students

of pacifism. The Institute sprawls in the fog-draped Los Altos Hills, and continues to attract students of pacifism. Seminars are conducted in the former ranch mess hall who's own floor provides ample space for sleeping bags. Book filled and pamphlet strewn orange crates from a rough library in one corner, which overlooks the small garden and geodesic greenhouse.

Sandperl's ultimate hope for the Institute is that it will dissolve, that no special place for studying non-violence will be necessary. He sees himself as growing away from the Institute, and it growing without him. "A good teacher is one who is no longer needed, he said, folding his legs a bit tighter. "And several years ago I became dispensable to Joan."

He does not see the concept of non-violence as new. "I'm certain that there was a cave man or cave lady who said, "This is stupid to kill Oscar." But notes that it has very rarely been employed. He cites Vietnam as an example, of the futility of their 30 years of war. "If they had organized non-violence there would be no invaders there today."

Sandperl sees an end in sight, though not in his lifetime. He believes that if the principles of Gandhi are ever employed and if people start to realize their own small part in the workings of the universe, peace will be attained. "Humility dictates that you never injure someone for your tiny view of the world."

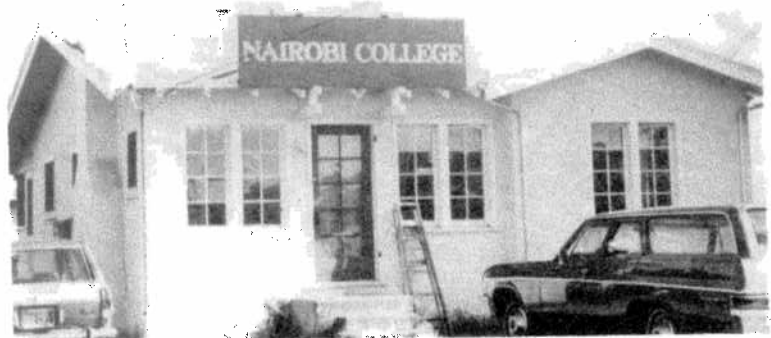
## Nairobi College

## 'Let Me In Here'

by Anthony Blake Singleton III

Robert Clemons, who is co-director of Nairobi College while Bob Hoover is in Washington, D.C. said "When the administration permitted Hoover to start CRP, they really did not expect it to succeed, but, in fact, it did. The resulting success of CRP instilled pride in the students. The students began to find out about their own historical culture and noticed that it was not in the curriculum."

The complaints started when the CRP students found out that the administration of CSM had systematically designed courses so that students of color educational needs would not be met. The CRP students also found out that the courses were all designed for students with a white, middle class background. The complaints came to a head in December, 1968, when the CRP asked for a sound truck to make public their demands. When the administration refused, the CRP students had a march on the administration building. There was a white student backlash, and after the CRP students got their ideas across to the white students,



Administration office

they all began to riot.

"After the police quelled the disturbance on the CSM campus, the administration," says Clemons, "did not have any scape goats, so they picked Bob Hoover and a white lady, named Jean Worth, as their undesirable faculty members. Hoover was sent to the administration office where he would then be as far away as possible from the students. Well, of course Bob did not like the idea of his transfer, so he quit and started Nairobi College," states Clemons.

There are three reasons for the idea of Nairobi. First, CSM is anywhere from 10 to 25 miles from any minority community. If anything happened that was physically detrimental to the student, he would have much difficulty finding refuge due to the distance involved. The second reason involves the psychological factor of taking the student out of his native environment and divorcing him from his social group. And, thirdly, the three colleges in the area cater only to white, middle class students.

## THE NAIROBI CAMPUS

Nairobi College opened in September of 1969 with Hoover as Director, a mostly voluntary staff, 35 students, and a \$50,000 grant.

The administration office of Nairobi College is now located at 1627 Bay Road in the Nairobi Shopping Center of East Palo Alto. Since Nairobi opened, it has moderately grown to seven paid teachers and 18 volunteers. As far as buildings are concerned, there are none. Nairobi is a school within a community, where classes are held in residential neighborhoods. There will never be a Nairobi College in the traditional sense, where the students are removed from reality and taught, for they will be taught within reality. The buildings that will be constructed later will be community structures. For example, the library will be the community library, the day care center will be the community day care center, the P.E. building will be the community P.E. building. This kind of learning environment will keep the students constantly aware of the problems in his community.

## THE CURRICULUM

Nairobi offers basic courses, such as, English 1A, Speech, and Education 1 (reading). Courses in the social sciences include Life

Science 1, Sociology 1, Psychology 1, Leadership Development, Economics 1, II, III, Social Research, Community Problems, American History 1A, and Afro-American History 1A. The humanities include Philosophy, Logic, and Revolutionary Art.

Nairobi College believes that for a long time students have been told that knowledge is "piece-meal." For example, how could history be different than Political Science and Political Science be different than Sociology when they all stem from the same source of knowledge. Nairobi tries to tie all these courses together.

They also try to look at knowledge from a viable perspective, instead of becoming bogged down with the terminology in a given subject. Take, for instance, science courses. Nairobi believes that the way science is taught today, to describe something simple becomes confusing and difficult when it becomes bogged down in terminology. For this reason people of color, and especially black people, are turned off to science by the time they are eight years old because of continual failure experiences. Nairobi also believes that science and math were geared down in terminology

so that the black cultural outlook, as blacks see it, would not allow blacks to understand science and math. Says Clemons, "I tell a student who wants to take one of my science courses that all he has to do to take it — unless it's an advanced course where there's certain skills that the white power structure and educational system would demand — is to be black and have a pencil."

Nairobi tries to develop self discipline and self determination in the students. By this the student will find out his own capabilities as a part of the community.

Nairobi is also questioning the educational structure of today which includes the idea of testing, class lectures, and the programmed material that is fed to all students.

Clemons continues, "Another reason why Nairobi exists is to alter the situation Frank Fernon called Imprest Auto Destruction. That situation where by when an oppressed person cannot destroy his oppressor, he destroys the image of his oppression, which is in himself and those around him. This is another example of self-determination and community control for black people. If Nairobi can get black people to realize who they are, where they came from, where they're going, how they're going to get there, and what they're going to do when they get there, then Nairobi can call itself a success."

## FUNDS

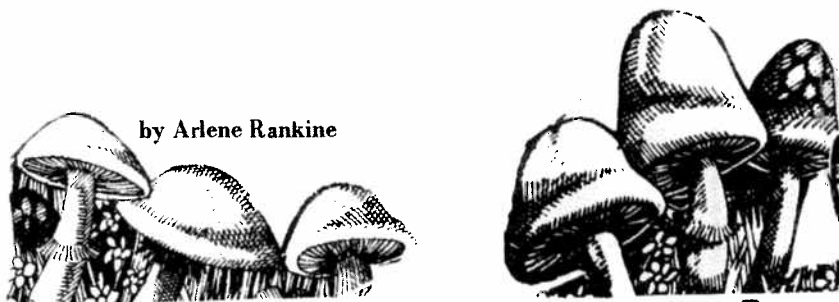
Nairobi receives grants from the Commings Foundation, special services, and private donations. All this adds up to about \$200,000 to \$300,000 per year. Nairobi is hoping that by getting the teachers to write their own proposals for their own programs, they will get more money for the college. If, for instance, a teacher does not write his own particular proposal for his program within the school, then he won't get any money to operate. If he does, a contributor might say, "well instead of giving \$100,000 to the school as a whole, I'll give \$100,000 to this particular program."

Clemons expects that as soon as the government finds out that Nairobi College is trying to get black people to determine their own destiny, the federal government will cut off their funds to the college. As Clemons puts it, "They don't want to give up what they have held for a very long time, and that's complete and absolute power; that is, to say, what happens to everybody"

Clemons believes that if East Palo Alto would have incorporated itself, the growth of Nairobi College would have been faster. They could have, instead of depending upon the federal government, gotten city contracts and grants from the city.

Nairobi does not want to push the people of EPA into the idea of incorporation. They would rather have the people of EPA become

by Arlene Rankine



## Power to the

Have you ever been on a hike and on finding a mushroom growing in the path, give it a scuff of the foot, thinking, "I wonder if that was a poisonous toadstool?" or "I wonder if that one would be good to eat?" Many people who have wondered about these questions have undertaken the fascinating study of mushrooms and have made it their hobby.

Studying mushrooms as a hobby? Sure! But don't think that you would be among the first to become interested in this primitive looking fungi. The Egyptians, as far back as 4600 years ago, believed that this plant offered immortality. The Pharaohs of Egypt, delighted with the flavor, officially ordered that no commoner could ever touch a mushroom, therefore, assuring themselves of the entire crop. According to the Japanese legend, one variety of mushroom could prolong life, and few Japanese homes would have been without Lentinus edodes mushrooms. Mushroom rituals were practiced in various civilizations around the world, for many believed that they enabled one to heal the sick, find lost objects, produce supernatural strength, and reach the kingdom of the gods. The formal cultivation of mushrooms was introduced by Louis XIV of France, where they were grown in the nearby caves. In the late 19th century, France introduced the cultivation of mushrooms to England. Since then, this industry has extended around the world.

But, let's leave the industrialization of mushrooms alone, and proceed to a more personal aspect; the individual mushroom hunter.

During the rainy season, while most of us are complaining about our frizzy hair or about a cold we got while splashing through the puddles on campus, the mushroom lovers are expounding thrills of joy. For, shortly after the fall rains start, the mushrooms appear. Being a product of a damp environment, the fungi can be found under leaves, decaying wood, needles, as well as at the trunks of such trees as the beech, Douglas fir, and birch. In the Bay Area, the wooded regions of the Santa Cruz mountains, orchards, open fields (what's left, that is), and even the back yards of suburban homes serve as a sprouting place for these "stools."

On your mushroom hunts, it would be



aware of the fact that if they are to acquire any form of self-determination, they must incorporate. So that when white businesses move in, they can be taxed to keep the money in the community and put it back into constructive community endeavors.

## FUTURE

In the future, Nairobi hopes that they will become a yearly accredited college. Then they would like to offer an accredited Bachelor's degree. Because Nairobi cannot depend upon federal funds, it will have to

advisable to take along a towel, and some paper to keep the different species, you should not. It is extremely foolish to choose mushrooms that are in some cases, poisoning (thirty minutes and res or even death. According to Ladera mushroom enthusiasts, trips should be with an expert so you will be a ones by sight. "Establish sure of, then broaden learning a few more," I

Over the years, many how to test for the po mushrooms have started been said that if a sil when it's placed in mushrooms, while mushrooms are then same thing happens mushrooms aren't in the presence of sulfur. that if the cap of the freely, then it is safe this rule on the poison you will realize that deception. The only mushroom is poisonous them thoroughly, identifying possible mistake. "Ma (volva) at the base suggests. He says the characteristic of the d

If you are a gourmet new foods, there are n in store for you as y full of Meadow Mush ones sold in grocery uncover the hiding Morels, which are ea their sponge-like appearance, the C identifiable by its overlapping orange usually found on the The Copinus Comatu





# Mushroom

sharp knife, a plastic bags to ies separated. unaffected with the plant. The ation. d compare me of Russian learn the safe any problems. experiment with liar to you. In cur in less than severe sickness Lloyd Reise, a , your first few one who is an learn the edible mething you're knowledge by mmends. rstitutions about is properties of se recalls, "It's on turns black ater with the cooking, the ous. But, this en when the ter. It's simply s also been said room peels off But, if you try anther Fungus, s a dangerous ay to tell if a ot is to study each without a there is no ball stem," Reise is a distinct manitas. you like to try illing moments oach a pasture similar to the s, or as you of the Black dentify due to Another choice Mushroom, it cluster of llow caps, is r base of trees. only called the

Shaggy Mane because of it's yellowish brown scales, is also considered to be one of the choicest of the edible fungi. It can be found in lawns and fields and has also been known to grow through tennis courts. In addition, Reise suggests that you try Puffballs, large rounded masses that grow directly from the ground. But he warns, "Eat these while their pure white, for when they turn yellow, they also turn bitter." All of these are entirely safe to eat once their characteristics are mastered.

The hobby of mushroom hunting has added to many other interests. Besides giving the gourmet, as well as the amateur cook, an unusual chance to show creativity, their various array of shapes and colors make fungi a fascinating subject for photographers. Reise, who has been a photographer since the age of 14, has many enlarged photographs of these plants. Designers and manufacturers realizing their potential, have created all sorts of items for the materialistically minded, such as, mushroom candles, mushroom bowls, mushroom salt and pepper shakers, mushroom kitchen towels, and mushroom wall paper.

It is interesting to note, that besides the conventional uses for the mushroom, ingestion of certain small mushrooms, containing the chemical compound, psilocybin, can be used to experience hallucinations that are particularly intense and brilliant. After eating the mushrooms, the first effects are noticed one-half to one hour later. There is difficulty in concentration and understanding, along with a sensitivity to touch, shape, color, and depth of vision. The person usually feels elated, but may be depressed. It is common for patterns, on closing the eyes, to appear and for hallucinations, including changes in apparent size, weight, and shape of the body to occur. Certain species, containing this hallucinogenic factor, have been used for years by some Mexican Indians as intoxicants in the medico-religious ceremonies.

So, the next time you see a mushroom, don't be so quick to pass it off as just another poisonous toadstool. Take time to know the world of wonder that is at your feet.



become economically autonomous. The physics classes will turn out electronic equipment, the chemistry majors will turn out natural products, and the economics majors will handle the feasibility of the sale of such products, and the business majors will handle thebookwork.

This kind of educational idea will give the students a sense of unity and purpose. It will give them an idea of what they can do with their education.

"In short," Clemons concludes, "the future of Nairobi is the future of the community."

## Harrison Album

# 'I Know I've Been Here'

by Bob Genevro

Remember the skinny, mop-haired Beatle in the dark suit plucking away at his mammoth, black Gretsch guitar? Or the Beatle who became a student of the sitar-playing teacher, Ravi Shankar? Or do you remember the Hight-Ashbury poster of this Beatle wearing valentine-shaped, Lolita sunglasses and holding his acoustical guitar?

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From his musical and songwriting talents, he was able to put together his first, solo recorded three-album set, "All Things Must Pass." His songs reflect his beliefs and thoughts on such topics as love, sadness, joy and pride. His songs also consist of a religious flavor that Harrison expressed in songs of his past Beatle albums like, "The Inner Light," "Within Without You" and "I Me Mine."

Bob Dylan contributed his talents for this album. He co-wrote a somewhat dry love song with Harrison, "I'd Have You Anytime." The music unfortunately appears to keep an uneven beat played behind such lyrics as:

Let me in here; I know I've been here  
Let me into your heart  
Let me know you; Let me show you  
Let me roll it to you

From the Dylan album, "New Morning," comes the song, "If Not For You," that is played well by Harrison. He uses a country and western tone to make the song different and unique. "Apple Scruffs" is written by Harrison but the harmonica, acoustic guitars and the foot-stomping beat played, gives proof that the song is somewhat Dylan-inspired. (This song is dedicated to all of the "dewy-eyed" fans of Harrison

while he was a Beatle.)

A Biblical passage states that "perfect love drives out all fear." (1 John 4: 18) It seems that Harrison also writes about this "perfect love" casting "out all fear" from his song, "From Behind That Locked Door." The "locked door" to the heart cannot be opened because of the fear and distrust to reach out and love.

"Let It Down" and "I Dig Love" are two other songs that touch on the theme of love. "Let It Down" has expressive lines that appear to be very poetic. "Though you sit in another chair I can feel you here," and "I see your eyes are busy kissing mine," are excellent lines from this song. In the song, "I Dig Love," Harrison states that he "digs" any kind of



George Harrison

love. Whether it be "small love, big love," "left love, right love," "bought love, short love," any kind is good enough for him. He concludes that "you should give love, and try to live love. Come on that's where you should be."

Harrison reflects his thoughts on God and Religion in his five songs: "My Sweet Lord," "Art of Dying," "Awaiting On You All," "Hear Me Lord" and "Let It Roll." In "My Sweet Lord," he dedicates the song to both Christianity and Hinduism from the background voices echoing the Christian praise "Alleluia" and then shifting over to the Hindu chant "Hare Krishna." "The Art of Dying" is a song about the Eastern religious doctrine of "Reincarnation."

"Awaiting On You All" refers to Christ as being a servant to people who call for his help.

You don't need to designate or to emigrate

Before you can see Jesus  
If you open up your heart,  
then you will see he's right there  
He always was and will be  
He'll relieve you of all your

cares.

The song, "Help Me Lord," is a prayer that asks God for forgiveness.

Forgive me Lord  
Please those years when I ignored you

Forgive them Lord  
Those that feel they can't afford you.

And this song is a prayer asking for help.

Help me Lord please  
To rise above this dealing  
Help me Lord please

To love you with more feeling.  
"Let It Roll" is a song that encourages one to be aware of the surrounding and outside world. This awareness is rolled in such places as "across the floor/Through the hall and out the door" and "through the caves/ Ye long walks of Coole and Shades." He also makes such suggestions as to "lose ye bodies in the maze" and "through ye woode, here may ye rest awhile."

One can learn about Harrison's philosophy on life in the song, "All Things Must Pass." He believes that life is not 100% joyful or 100% sorrowful. There is a constant struggle between joy and sorrow because one cannot experience joy until he's experienced sorrow and vice versa. Harrison uses such symbols as "sunrise," "morning," and "daylight" to represent joy and uses "sundown," "Cloudburst," and "darkness" to represent sorrow.

Now the darkness only stays at night time

In the morning it will fade away

Daylight is good at arriving at the right time

No it's not always going to be this grey.

He leaves the song with an optimistic note of accepting life even though it is not a perfectly joyful world.

None of life's strings can last  
So I must be on my way and face another day.

"Isn't It A Pity" deals with man's selfishness and vanity and "Beware of Darkness" deals with such topics as pain, hopelessness and sadness. Like the song, "Easy To Be Hard," from the Broadway play, "Hair," Harrison wonders in "Isn't It A Pity," why people have to hurt each other.

Isn't it a pity, Isn't it a shame,  
How we break each others hearts

And cause each other pain.  
To remedy this problem of pain, people are to treat each other as equal.

Some things take so long, but how do I explain?

When not too many people can see we're all the same. Harrison also hopes that people should see the "beauty" and uniqueness "that surrounds" each person. "Beware of Darkness" warns for signs of "falling swimmers," "soft-shoe shufflers," and the

(Cont'd on Page 5)

# Power to the Mushroom

Have you ever been on a hike and on finding a mushroom growing in the path, give it a scuff of the foot, thinking, "I wonder if that was a poisonous toadstool?" or "I wonder if that one would be good to eat?" Many people who have wondered about these questions have undertaken the fascinating study of mushrooms and have made it their hobby.

Studying mushrooms as a hobby? Sure! But don't think that you would be among the first to become interested in this primitive looking fungi. The Egyptians, as far back as 4600 years ago, believed that this plant offered immortality. The Pharaohs of Egypt, delighted with the flavor, officially ordered that no commoner could ever touch a mushroom, therefore, assuring themselves of the entire crop. According to the Japanese legend, one variety of mushroom could prolong life, and few Japanese homes would have been without Lentinus edodes mushrooms. Mushroom rituals were practiced in various civilizations around the world, for many believed that they enabled one to heal the sick, find lost objects, produce supernatural strength, and reach the kingdom of the gods. The formal cultivation of mushrooms was introduced by Louis XIV of France, where they were grown in the nearby caves. In the late 19th century, France introduced the cultivation of mushrooms to England. Since then, this industry has extended around the world.

But, let's leave the industrialization of mushrooms alone, and proceed to a more personal aspect; the individual mushroom hunter.

During the rainy season, while most of us are complaining about our frizzy hair or about a cold we got while splashing through the puddles on campus, the mushroom lovers are expounding thrills of joy. For, shortly after the fall rains start, the mushrooms appear. Being a product of a damp environment, the fungi can be found under leaves, decaying wood, needles, as well as at the trunks of such trees as the beech, Douglas fir, and birch. In the Bay Area, the wooded regions of the Santa Cruz mountains, orchards, open fields (what's left, that is), and even the back yards of suburban homes serve as a sprouting place for these "stools."

On your mushroom hunts, it would be

advisable to take along a sharp knife, a towel, and some paper or plastic bags to keep the different species separated. Choosing the ones that are unaffected with larvae, dig up all the base of the plant. The base often helps with identification.

Although many would compare mushroom hunting to a game of Russian Roulette, if time is taken to learn the safe species, you should not have any problems. It is extremely foolish to experiment with mushrooms that are unfamiliar to you. In some cases, poisoning can occur in less than thirty minutes and result in severe sickness or even death. According to Lloyd Reise, a Ladera mushroom enthusiast, your first few trips should be with someone who is an expert so you will be able to learn the edible ones by sight. "Establish something you're sure of, then broaden your knowledge by learning a few more," he recommends.

Over the years, many superstitions about how to test for the poisonous properties of mushrooms have started. Reise recalls, "It's been said that if a silver spoon turns black when it's placed in the water with the mushrooms, while their cooking, the mushrooms are then poisonous. But, this same thing happens even when the mushrooms aren't in the water. It's simply the presence of sulfur." It has also been said that if the cap of the mushroom peels off freely, then it is safe to eat. But, if you try this rule on the poisonous Panther Fungus, you will realize that this is a dangerous deception. The only safe way to tell if a mushroom is poisonous or not is to study them thoroughly, identifying each without a possible mistake. "Make sure there is no ball (volva) at the base of the stem," Reise suggests. He says that this is a distinct characteristic of the deadly Amanitas.

If you are a gourmet or if you like to try new foods, there are many thrilling moments in store for you as you approach a pasture full of Meadow Mushrooms, similar to the ones sold in grocery stores, or as you uncover the hiding place of the Black Morels, which are easy to identify due to their sponge-like appearance. Another choice selection, the Chicken Mushroom, identifiable by its bright cluster of overlapping orange and yellow caps, is usually found on the trunk or base of trees. The Copinus Comatus, commonly called the

Shaggy Mane because of its yellowish brown scales, is also considered to be one of the choicest of the edible fungi. It can be found in lawns and fields and has also been known to grow through tennis courts. In addition, Reise suggests that you try Puffballs, large rounded masses that grow directly from the ground. But he warns, "Eat these while their pure white, for when they turn yellow, they also turn bitter." All of these are entirely safe to eat once their characteristics are mastered.

The hobby of mushroom hunting has added to many other interests. Besides giving the gourmet, as well as the amateur cook, an unusual chance to show creativity, their various array of shapes and colors make fungi a fascinating subject for photographers. Reise, who has been a photographer since the age of 14, has many enlarged photographs of these plants. Designers and manufacturers realizing their potential, have created all sorts of items for the materialistically minded, such as, mushroom candles, mushroom bowls, mushroom salt and pepper shakers, mushroom kitchen towels, and mushroom wall paper.

It is interesting to note, that besides the conventional uses for the mushroom, ingestion of certain small mushrooms, containing the chemical compound, psilocybin, can be used to experience hallucinations that are particularly intense and brilliant. After eating the mushrooms, the first effects are noticed one-half to one hour later. There is difficulty in concentration and understanding, along with a sensitivity to touch, shape, color, and depth of vision. The person usually feels elated, but may be depressed. It is common for patterns, on closing the eyes, to appear and for hallucinations, including changes in apparent size, weight, and shape of the body to occur. Certain species, containing this hallucinogenic factor, have been used for years by some Mexican Indians as intoxicants in the medico-religious ceremonies.

So, the next time you see a mushroom, don't be so quick to pass it off as just another poisonous toadstool. Take time to know the world of wonder that is at your feet.

by Bob Genevro

Remember the skinny, mop-haired Beatle in the dark suit plucking away at his mammoth, black Gretsch guitar? Or the Beatle who became a student of the sitar-playing teacher, Ravi Shankar? Or do you remember the Hight-Ashbury poster of this Beatle wearing valentine-shaped, Lolita sunglasses and holding his acoustical guitar?

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George Harrison

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The song, "Help prayer that forgiveness.

Forgive me Lord Please those ignored you

Forgive them I Those that afford you.

And this song is for help.

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Help me Lord

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# Unique Teachers Rap On Influences

by Michael Williams

Any thinking and feeling person eventually comes to a point where he begins to look at the people, events, and circumstances that have shaped, and helped, him along to a fuller understanding of life. At Canada there are a number of unique and evolved people. In turning to a few of the teachers, perhaps something can be learned about where we are going, and what is shaping us now.

"Man as yet is only half-born ... The cosmos was, is, and will be. It is we who have grown apart"

— D.H. Lawrence —

Bob Stiff is head of the English and foreign language departments.



Robert Stiff

Perhaps the most, certainly one of the most, open and cheerful department chairman on campus. A lucid mind, with quick adjustment and understanding.

"I would say that teaching and the inter-action of students with myself has been a big influence on my life. Myself learning from them and them learning from me."

What writers have you really been moved by? Word has it that you are a Lawrence enthusiast.

"Yes, Lawrence has played a big part. I follow about everything that has been written about him. Dostoevsky, John Dunne, Dylan Thomas, Levertov. It's so really hard to say."

Most of these people are outside the mainstream, who have opened up new territory.

"I like these people because they have dealt with the big questions about life — Who am I? — Where am I going? — And what is my relationship with my fellow man? So many of the novelists today skirt around this."

What general outlook on life, or toward life do you have — if you can express that in words?

"The mystery of human personality. Not personality in the superficial sense, but in the deep sense. And that if one considers it a sacred thing then the dealing with it, the living it and trying to understand it becomes fascinating ... Human relationship in all its complexities ... the ebbing and flowing between man and woman. Lawrence explores this. And the relationship between

men."

I take it your life has been a sort of quest in understanding relationships between people?

"Yes. I am fascinated by the various life styles and natures of all kinds. And I learn from them also."

What would you like to change here at Canada next year? I mean along the lines of creative, educational change.

"More one-to-one involvement between teacher and student. Not that we don't have it now, we do. But it should be increased ... more attempts at this ... And in inter-disciplinary approach to education."

As one leaves after talking to Bob Stiff there is a warm glow. After many times of staring into the mystery of human personality he seems to have grasped something very human. It is this understanding and respect for the human being that strikes one the most about the man.

"He not busy being born is busy dying ..."

"teachers teach that knowledge waits can lead to \$100 plates and goodness hides behind its gates ..."

"that it is not he, she, or it, that you belong to ..."

—Bob Dylan—

"In the conventional setting, education's task was fairly simple: decide what the social machine needs, then turn out people who match those needs ... future educators will value, not fear, fresh approaches, new solutions".

—Marshall McLuhan—

Who is Bob Glessing? Well, he teaches journalism here for one thing. For another, he is one of the most outspoken, sensitive, honest and person-to-person teachers on campus. He is in teaching for very obvious human reasons. I asked him recently what were some of his main influences.

"Christ, for one."

You were raised Catholic, right?

"Yeah, I was. But that turned me off really fast. Then one day I read Tolstoy, and discovered what I had been trying to formulate. That it was the priesthood, the way the priests interpreted Christ that had gotten things all wrong. What Christ actually said I think has always affected me. Even though it got buried for awhile."

What do you mean?

"By 1964 I had purchased and was running my own newspaper. In society's terms I was making a lot of money and was very successful. Well, after a lot of things, a lot of personal examination and what-not I saw how unhappy, and empty inside my life was."

What happened then?

"I saw myself as a fat capitalist, pig. Since then my values have totally changed. Then I was all business oriented, now it is centered around the human ... The three biggest influences in

this second period have been Dylan, Marshall McLuhan, and Buckminster Fuller. With Dylan he seems to have formulated in poetry what myself and others were thinking, or on the verge of discovering. He brought me to explore and think about certain things more."

What of McLuhan and Fuller?

"Well, McLuhan more than Fuller, but they have both influenced me greatly. In essence they are speaking of the earth and everything on it as being inter-related and inter-woven, and the consequences of all of this. As I read them more I began to realize how we are all one on this earth; and that the division of people into Japs, Jews, Whites, Blacks, etc. is all crap. If people are being killed somewhere on this planet then I have to be affected because I am related to everyone here ... Because McLuhan deals in communications I have been affected by him in my work ... but my work, my profession is myself, the two are inter-related."

What changes would you like to see here at Canada?

"A real openness to student needs and potential, and not a pretended openness of which we have a lot here on campus ... It's one of two things — creative education for people, or to make it easier on the computers and the administration staff ... And you



Robert J. Glessing

have to keep fighting for the creative."

Kent Crockett is a man who appears to have honed and shaped his life in a very individualized way. The very courage and openness of the man is evident in his tackling the very unpopular and difficult class of speech and in making it exciting, relevant, and a learning experience. His office itself is one of the warmest, both artistically and humanly. Very woodsy, and close to nature.

"I have almost all my life related to the written word. Reading to me is a pleasurable experience in itself ... Two of the earliest writers who influenced me the most were Conrad and Upton Sinclair. Conrad convinced me of the beauty of the written word, and Sinclair of the power in the word. I was the only 12 year old socialist I knew! ... Conrad spoke of this growing up and of

becoming a man. While reading Conrad I became aware of the fact that there would come a time when I would not be a kid anymore ... When I had been well into my adult years I went and paid homage to Conrad in England".

"The only possible revolution, the only worthwhile revolution, must be created not by politicians or militarists but by educators. Rimbaud was right when he said 'everything we are taught is false'."

"The yardstick I employ is life: how men stand in relation to life ... (the great men) did not impose their authority on man. Their aim and purpose was to open up life, to make men hungry for life, to exalt life—and to refer all questions back to life."

—Henry Miller—

Where did you grow up?

"In Venice, Calif. Which was then, and still is, a very bohemian and earthy town. Drugs, prostitution, kids running around playing everywhere ... As I grew more I began to make a conscious attempt to avoid the bourgeois life style. I still find no interest in cocktail parties, etc."

What were some of your influences as you got older?

"Henry Miller was one. I read everything of his. This was in the fifties and the only copies that were available were in french ... I never learned anything at all in my entire school experience. The most avant-garde thing on campus during the fifties when I was in school was the Lit Club which was smuggling in 'Lady Chatterley's Lover'. I learned everything on my own initiative. None of my professors had read hardly anything. Their whole emphasis was grammar."

What brought you to teaching, and to a subject as disliked as Speech?

"Somehow I always had in the back of my mind that I wanted to teach. At first I hated speech. I got a C- in my first class, and the teacher was a real turn-off. But I began to see the possibilities in it, and came back and got a Masters' in it ... In speech you are able to bypass the written paper, which can be a barrier for a lot of people, who deal with ideas, literature, and on a person-to-person basis ... I have always had a respect for teachers, and teaching, even when I disliked school itself."

Do you have any changes in mind that you would like to see here?

"Only to see what is happening more so. For me this is a great place. My work is my pleasure. I have no anxiety, no tension, no burden about having to come here and teach when I get up in the morning. I love the students, the inter-play, the whole atmosphere ... I had more happen in my class

the other day, more learning taking place than in my whole under-graduate career ... I have found a great oasis of sanity here at Canada ... The students have the power to bring in what ever speakers they want, or whatever, but they cannot decide on what



Kent Crockett

they want, and then organize."

Someone has said that you are a hedonist?

"In the sense that everything I do brings me pleasure. I can't think of anything that I do that does not bring me pleasure ... I am a very happy person, with a circle of friends who seem to be infinitely wise ... In spite of all the bad, I do see more good people around."

## Harrison

(Cont'd from Page 4)

"hopelessness around you." These signs center around sadness.

Beware of Sadness

It can hit you; it can hurt you

— Make you sore and what is more, that is not what you're here for.

"Wah-Wah," "Run of the Mill" and "What Is Life" are the remaining songs on the album. "Run of the Mill" is a poignant song that deals with an intimate relationship suddenly dying and fading away.

Tomorrow when you rise

Another day for you to realize me; or

Send me down again; As the days stand up on end,

You've got me wondering how I lost your friendship.

"What Is Life?" is an ambiguous song on which Harrison is not really asking what life is, but in the big sense, just "what is life without your love." The music is sweetness and light, just like the old Shirelles' music.

The third album in the set is an instrumental jam session with such great guitarists as Dave Mason, Eric Clapton, Klaus Voorman and yours truly, George Harrison. Drummers like Ringo Starr and Alan White and the English-rock band, "Badfinger" also form to produce great musical arrangements.

George Harrison has proved, from his first solo album, that he has a lot of talent and there will be more of his music that will have new dimensions and areas of thoughts ready to be generated to his listeners.

# Handicapped Finding Hard Road Here

by Pam Williams

People today, of all races, colors, and backgrounds are concerned for the betterment of their particular group. Blacks want equality, women want equality, and so on down the line but in the shuffle the people with the small voices or less wind are overlooked; out shouted.

One of these groups, which include members from all walks of

life, is the physically handicapped children and adults. Moderately, as well as severely, handicapped children are rejected by their peers because of their "differentness" and adults are rejected because of their inability to function at an equal level in their group.

Rarely are extremely physically handicapped children allowed to attend public schools because of proper facilities and

lack of time for personal help. Many times teachers would have to go through special training, such as Braille, to be able to help their students. Thus, the handicapped children are placed in special schools where there is time and trained personnel. Besides having an isolated affect on the handicapped children, the children who are not afflicted tend to be curious and sometimes frightened by someone who is not like them. By isolating both, an understanding between both groups is not reached. Ridicule and actual bodily harm may sometimes result.

Catherine Southward, a 23 year old co-ed at Canada is physically handicapped with cerebral palsy and though she can walk, we usually find her zipping along in her wheelchair. Cathy has been handicapped all of her life. She graduated from Crestmoor High School and like many other students, Cathy came to college to keep from becoming bored and "pick up more knowledge of the world around me." Cathy feels she has had encouragement from teachers who understand her personal needs in the classroom. But she had mixed reactions from her fellow students.

"Some people don't know how to react," and so they don't. They ignore Cathy as if she isn't there.

When she needs help getting from the upper level to the cafeteria, although there are always a group

of students standing around there, seldom does someone help. Others take pity which she would rather not have. Whether black, brown or white, it makes no difference. People all react the same. They don't know what to do.

The author asked Cathy if she felt somewhat discouraged with school and other parts of her life. With a smile, Cathy answered a hearty "No, so many people know me and help me not to become disturbed." Next semester Cathy will return and keep working on her AA degree. She hopes to transfer to a state college but feels it won't be for another three years.

Cathy is not an isolated case. There are many physically handicapped people attending our school and other schools of higher learning around the state. But Cathy as well as the author feel a need for change in the elementary public school system to make allowances for the handicapped. They must not be isolated because of their physical incapacities. If children do not have a severe handicap, public schools should be open for them, filling their academic needs. Physical therapy could be obtained at centers such

as El Portal. Cathy feels that first the handicapped student should undergo evaluation by a doctor and psychologist. This would determine if their learning ability has been affected. Secondly, the program must begin at an early age to start the child along with his peers. In other words, it is important that the child keeps up academically with his classmates. By bringing the two groups together, maybe the curiosity would be fulfilled and an understanding, not pity or prejudice, would result.

Cathy Southward is an example of someone who is reaching out and grabbing her piece of the world. She is not alone, but it is time for the rest of us to help out when it's needed. As Cathy said, "Some people don't know how to react." Let's learn!



## Adult Classes Needing Cash

The fall adult education program at Canada starts Admission day weekend in September of this year.

Ruth Nagler has many new classes in consideration for this fall along with the repeat of the successful programs from this year.

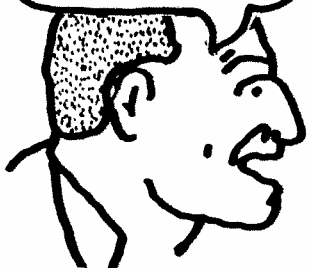
Being repeated are: Gourmet Cooking, with the possible addition of a course in bread making (the kind that you eat); Cartography, map making and usage; Vocational Education, Guidance, and Counseling; Western Women (Odyssey to Revolution); the very successful Writer's Workshop; and Creative Awareness and the Environment (to be taught again by Art Grant, prize-winning painter and sculpture). This series will consist of lectures, workshops, and trips to beaches, marshes, and dumps to find materials to be made into art objects.

In the consideration stage is a series on suicide which would educate people on how to recognize and prevent would-be suicide cases. Also in the consideration stage are courses on Alcoholism, Marriage and Family, ESP and Astrology, Auto Mechanics Information (all you've wanted to know about cars but were afraid to ask), and a course on making, understanding, and flying kites with background in kite history, mythology, culture, and aerodynamics. The class would be taught by Mrs. Maizie Ung and would consist of seven sessions and three Saturday workshops. The workshops would be where the students fly the kites that they have made. Children of the adult students would be welcome during the Saturday workshops.

A six lecture series on the history of the San Francisco Peninsula by Gilbert Richards may be offered also.

Mrs. Nagler states, "The Community Education Office welcomes any suggestions for programs or bringing personalities to campus by students or faculty — budget permitting." When asked if any big-name personalities were lined up for next year Mrs. Nagler added, "We'll have big name personalities if our small, modest, humble budget permits." Mrs. Nagler concluded, "We'll be presenting the usual cultural, educational, and entertainment programs for the community." Budget permitting?

**Great, Caesar's Ghost!**



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## Entertainment

PREY FOR PIECE

## 'The Fish' are coming

It's all very real. Richard Nixon is very real. All you have to do is keep your loyalties in mind for when the time comes. Do you like money or do you like people? Do you like Freedom or do you like Police? Attainment of entertainment is not sitting sometimes. For every Yin has it's Yang. Every silence has its music. Every people has its loneliness. Every security has its fear. Some people like to go to movies and night club parties dance. Some people like the woods and mountain walk beach. Some people like to draw and paint sculpt photograph. Some people like to make music and talk in poems. Uncle Sam likes money. Absurd and Beauteous things abound. You can be all of these things too.

Dial long distance. Ask to speak to Fidel Castro. Don't forget your F. D. S. or your Ban roll on deodorant, and if you remember your Vitalis you just might get through. Acid is better than cigarettes for entertainment. Carburetor lobes stuck? Put grease on your inhibitions and slide. Why is there no more art on the streets? The buildings these days are beginning to look just like boxes with ornaments on the sides. Do what you feel like; it's spring and this is a free country isn't it? Isn't it. Why I'll bet that if there was more human and artistic freedom in Business Babylonia there would be fewer acts of hatred and violence.

It is very hard for creative people these days. As the American economic system falls apart, and people starve while the taxpayers pay people not to plant crops, everyone seems to be retreating into themselves. Why are people afraid of their neighbors? You will not be free unless you open yourself to things you don't understand. It is hard on every one these days, and it is good to know that someone is on your side; but you won't know until you try.

This is why A.A.Art Academy

is such a good thing. A.A.Art Academy is a co-operative of artists that shares a building with the Tree School on Shasta Street in Redwood City. For \$30 a quarter you can joint and participate in a community of freedom and fun. They have glass furnaces, pottery wheels, darkroom facilities, and painting classes. The atmosphere is quiet sometimes and funky sometimes and different all the time. If you are looking for a place to meet and work, you should at least check it out.

Anyway they are in a bind these days so Mixed Media club at Canada is holding a benefit dance on May 29 in the cafeteria. It should be interesting if not fishy.

Tijuana Smalls-You know who you are!

## Student Gov't Conflicts

(Cont'd from Page 1)

representatives of The NEWSPAPER were told to leave before the discussion began. The minutes to that meeting were still not available a week later.

Along with personal problems inside student government, there have been some problems concerning the qualification of some students who now hold offices. Some hold too few units, some hold too many, and some do not meet the prescribed grade point average. (The Canada Constitution holds that students must carry 10½ units to hold office; also that they must have a grade point average of 2.25 to get into office, and must maintain a 2.0 average to stay in office).

Antoinette Lancaster, freshman class president holds too many units to qualify as a freshman, and thus is technically disqualified from holding that office, but she did hold that many when she was elected.

Sue Vacek, sophomore class president, held only eight units from the time she was elected to

## Colts Are Champs

The Canada baseball team, led by Ray Cocco's four base hits — including a home run — and four RBI's obliterated Santa Rosa 18-4 Monday afternoon.

The Colts scored five runs in the second inning after Santa Rosa got off to a 2-0 lead in the first inning. Canada added another 10 runs in the seventh and eighth innings to put the game completely out of reach.

Canada, in winning Monday, captured the Camino Norte Conference baseball championship with a 15-6 record. Congratulations Colts!

## More On Election Farce

(Cont'd from Page 1)

people get to act out their ego fantasies, though." Another student at Canada, John Tenny, said, "they live in their own sphere with no relation to the students' lives."

But it is "business as usual" for the candidates, organizers, and people already in office as they make ready for the election parade. At last semester's election only 9% of the student body voted. In that one, though, pretenses were kept up by the inclusion of more than one candidate running for an office. In this one, the props have fallen and the facade is crumbling.

At the time of publication these candidates had presented statements to the "Newspaper."

Robert B. Cohn; Candidate for associate men's students president — "I would like to see the student council become an effective organ for the student body. A new constitution presently in the making might accomplish this goal. I haven't as yet had an opportunity to read any of it, however, if it doesn't, I will push amendments until it reaches, to my satisfaction, this end."

Mr. Cohn is the only candidate for this office.

The two candidates showed up who are running for associated women's students president.

Lana Sundahl: "I am a candidate for president of the associated women's students. I would like to see more communication established between the student body and the student government. I feel there should be less apathy and more involvement by the students at this school. If elected, I will be open to all comments, suggestions, and criticisms for the

## Why P.E.?

(Cont'd from Page 1)

organic food into our school cafeterias. The development of "moral and social obligations", and of "hygienic school and homelife" is another smokescreen.

A new man is emerging. One who holds compassion for one's fellow man, and the questioning of authorities as the highest social and moral obligations. It is this which is heading straight into the old tradition.

To be sure; sports, physical activity, and reasonable exercise are a vital and healthy part of life. No one can debate their value for relaxation and the maintenance of health.

But it must be a voluntary, personal choice, or it loses all meaning. To compel someone into an activity against their will degrades the human dignity of both parties. For the student who is shanghaied a precious freedom and opportunity for personal choice and evaluation is lost. For the ones who do the compelling, it disintegrates their respect for the integrity of others.

improvement of student welfare."

Patricia Wright: associated women's students — "I am running for the office because I think student government should represent the views of the students at Canada. An active person can get things accomplished through the framework of student government. My main interest is the establishment of a child care center on this campus."

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## HANG-UP: MILITARY STYLE

(As told to me by a very close friend)

I came in without. I was against it. My parents were very proud of me. Uniform. Country. The hero.  
I left without. Without my uniform. Now I have what I had before: NOTHING!  
They took my hair. They took my beard. They took everything except my mind. SCREW THEM!  
They gave me a dishonorable. My parents were ashamed. But they were not to blame. The world they brought me into was as crooked as Benjamin Franklin.  
The son-of-a-bitch!  
My parents had even sent me to church to learn why religion had caused more death and destruction than any other humanitarian (?) cause the world has ever known.  
GOD IS DEAD!  
I was back from the army in six weeks. My friends were glad. So was I.  
I went back to the old place and lit up my favorite waterpipe. The hang-up came when the heat arrived. Thanks Mom and Dad for saving me from ME?  
They kicked me. I never have liked uniforms. They broke my favorite waterpipe. The seeds from the bowl blew out the window into the park. The seeds grew. Some people DON'T GROW!  
I can see the beautiful plants from the window of my cell.  
I LOVE NATURE.

Anderson